

Question 11

Which of the following patients is NOT an appropriate candidate for CAS according to the SAPPHERE trial?

- A. An 82y woman with recent TIA, poorly controlled hypertension and 60% RICA stenosis
- B. 72y man with MI 3 weeks ago and an 80% RICA stenosis
- C. 60y diabetic man with ischemic CVA 6 weeks ago resulting in residual left upper extremity paresis with 90% LICA stenosis
- D. Asymptomatic 85y man with NYHA class III heart failure, severe emphysematous lung disease and bilateral 80% ICA stenoses

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SAPPHIRE Trial

- Randomized trial of high-risk CEA vs. CAS
- Non-inferiority design, n=334
- Symptomatic $\geq 50\%$ ICA stenosis, asymptomatic $\geq 80\%$
- Results:
 - CAS non-inferior to CEA in high-risk patients
 - CAS lower 30d death, MI, stroke by 39%
 - CAS lower target vessel revascularization and shorter hospital stay
 - CAS higher event-free survival (88% vs 79% CEA, $p=0.048$)

SAPPHIRE Trial High-Risk Features

Clinical

- $\geq 80y$
- CHF NYHA III-IV
- MI $< 4wk$
- LVEF $< 30\%$
- Open heart surgery $< 6wk$
- CCS III-IV angina
- Laryngeal nerve palsy

Anatomic

- Lesion above C2
- Lesion below clavicle
- Neck radiation
- Neck dissection
- Prior CEA (restenosis)
- Tandem lesions
- C/L ICA occlusion

SAPPHIRE

723 patients with high risk for CEA

- $\geq 50\%$ stenosis in symptomatic patients
- $\geq 80\%$ stenosis in asymptomatic patients
- ≥ 1 co-morbid condition
- Team of vascular surgeon, neurologist and interventionalist determined if patient was too high risk for randomization; these patients were entered in a registry and not randomized

Treatment Group A
Stenting with protection
(n = 156)

Treatment Group B
Carotid endarterectomy
(n = 151)

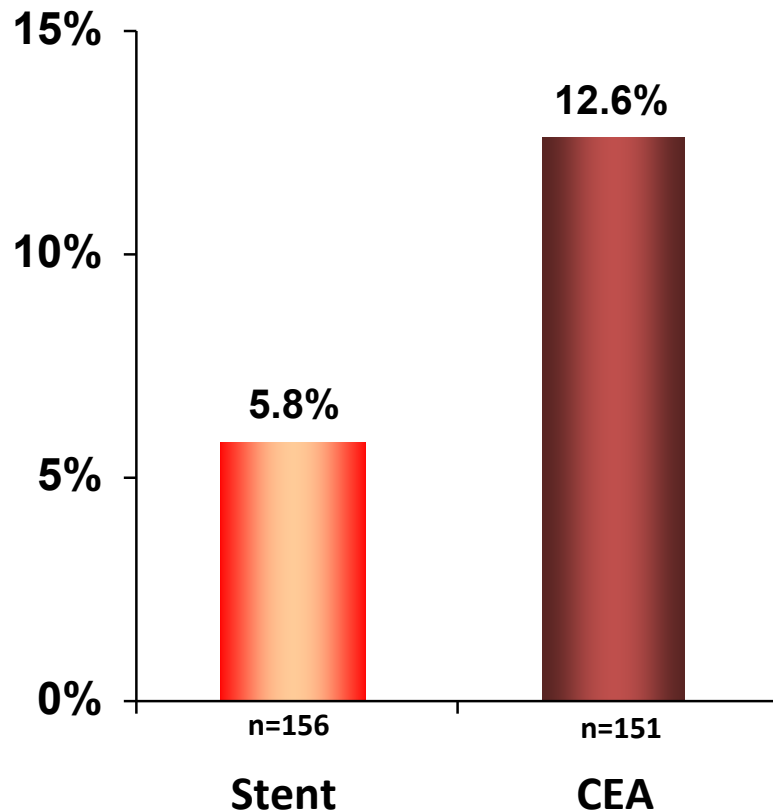
Endpoints:

- Primary – 30 day Death, Stroke or MI

SAPPHERE: Primary Endpoint

Death / MI / Stroke

P=0.047



- The trial was discontinued early due to low enrollment
- However, despite the lower than expected enrollment, the rate of the 30 day composite primary endpoint was lower in the stent arm vs the CEA arm

SAPPHERE: Primary Endpoint by Symptom Status

